



2026 SUPER STOCK RULES

- The rules and/or regulations set forth herein provide for the orderly conduct of racing events and to establish minimum acceptable requirements of such events. These rules govern the condition of all such events. All participants are deemed to have complied with these rules. No expressed or implied warranty of safety shall result from publications of or compliance with these rules and/or regulations. Rules are intended as a guide for the conduct of the sport and are in no way a guarantee against injury or death to a participant.
- Speedway Officials shall be empowered to permit minor deviations from any of the specifications herein or impose any further restrictions that in his/her opinion do not alter the minimum acceptable requirements. No expressed or implied warranty of safety shall result from such alteration of specifications.
- Speedway reserves the right to update, modify, and/or delete rules at any time deemed necessary to ensure safety, fair competition or any other reason that may be appropriate. All Discussions with officials must be conducted in a professional manner.
- Cars, parts and or equipment will not be considered as having been approved by having passed through inspection at any time or number of times unobserved or undetected.
- Any interpretation or deviation of these rules is left to the officials. Any decision of and by Speedway Officials is final.
- Unsportsmanlike-like conduct can carry a minimum \$100.00 fine and/or suspension. Any and all fines will be added to the point's fund at the end of the racing season.

CAR / WEIGHT:

1. Minimum wheelbase of 103". (No tolerance)
2. Minimum weight is 2900 lbs. (150-pound weight break for crate engine 1, 50-pound weight break for crate engine 3 & 125-pound weight break for crate engine 2) Maximum left side weight is 58.0%. Stock frame clips with stock steering box 2850 lbs. Tube clips with a stock steering box 2875 lbs. Minimum weight will be enforced before and after qualifying. 1-pound per scored lap Burn off allowed after Race.
3. Added weight must be securely bolted in place. Dislodged weight cannot be returned to car for weighing after race. All added weight must be painted white with car number in red or black. Any lost weight will result in a \$10 per pound fine to the driver.
4. No titanium products, parts, tungsten, or components allowed anywhere on race car. No gun-drilled, tubular, or hollow bolts or studs anywhere on car.

ENGINE:

1. V8 engine only. Maximum 362 CID.
2. Centerline of crankshaft must be a minimum of 11" from ground level, centered in frame (+/- 1"). Forward most spark plug must be set back no further than upper ball joint or any set back further with a maximum of 4 inches, you must have 50 pounds of existing weight (25 on each frame horn) in front of the crossmember.
1. Holley 2-barrel model 4412 carburetors only. (No billet aluminum) No modifications except choke butterfly may be removed and choke horn may be machined off. Breather gasket must remain. Breather and air filter required at all times. Air boxes are permitted. No tapered or beveled hole spacers.

3. Aftermarket aluminum intake manifold allowed with maximum 5 1/4" from carburetor mounting surface to inside bottom. Cast iron manifolds may run 1/2" adapter, if necessary, to mount carburetor to 4bbl intake.
4. Any cast iron head that meets the following. Stock valve angle. Maximum 190cc intake port runner.
5. No porting, polishing, or port matching! No blending of valve job to bowls. No aluminum heads allowed. No flow work allowed on heads or intake. 75-degree maximum angle under valve seat. No bowl hogging.
6. Heads may be ported no more than 3/8" from intake and header surface.
7. Unaltered GM 25534351 Heads allowed with angle milling permitted only.
8. Stainless valves allowed. No titanium valves. Maximum valve size 2.02 int./1.60 exhaust.
9. Maximum valve lift .500" measured at the valve with zero lash. Hydraulic or solid lifters only.
10. Flat top pistons Steel rods only.
11. OEM stroke crankshaft for engine used. No titanium crankshafts. Balancing allowed No lightening. Minimum crankshaft weight is 48 lbs. Any crank lighter must add 50 lbs.
12. Must have 1" inspection plug above oil level or 100-pound penalty.
13. MSD / FAST / JMS – Daytona Sensors' part # 6000-6701K ignitions optional. No crank trigger ignitions or traction control devices permitted. Must have required 6800 RPM Chip mounted out of reach of driver on the right side of car with controls and chip facing right side window and taped and tie wrapped into place.

OR

CRATES:

1. Box Stock GM 88958602 or 19258602, 19431602 or 19433602 Crate Motor Only and must run all GM specs as delivered from the manufacturer. Claimer rule on this engine is current market value after the race, plus \$500.00.
2. GM 88958602, 19258602, 19431602 or 19433602 Crate Motor with the following modifications only, GM (604) 19420455 valve spring kit, Proform rocker arm kit #66915, any carb spacer up to 2".
3. GM 88958604 Crate Motor only (No alterations except small balancer) (Any rocker arm measuring 1.56 to 1.59 must add 25 pounds & 1.6 to 1.65 must add 50 pounds)
4. McGunegill Ford # 425LM with 1.5 rockers and Ford # M06007-D347-SR with 1.5 rockers and no spacer plate.

Crate engine 1 & 2; Engines may be refreshed but must retain all manufacturer's specifications. No reground cams. Maximum compression is 9.6.

Crate engine 3 & 4; Crate engines may be refreshed but must retain all manufacturers' specifications. No reground cams. Maximum compression 10.0.

CRATE CARBURETOR / IGNITION:

2. Holley 650 HP 4150-80541 4-barrel carburetor. No alterations
3. 1" Aluminum Carb Spacer allowed. Open or tapered holes.
4. MSD Soft Touch Rev Control with 6400 for 602, 6300 for Fords and 6500 for 604 RPM Chip required mounted out of reach of driver on right side of car and taped and tie wrapped into place. MSD / FAST / JMS – Daytona Sensors' part # 6000-6701K ignitions optional. No crank trigger ignitions or traction control devices permitted.
5. Only the top five drivers finishing a race, their crew chief or owner, may claim a General Motors crate engine number 88958604 from a driver finishing the race ahead of the claiming driver. The claim will be limited to one car and must be made within 10 minutes after completion of the feature event with the cash only claim fee to the Race Director or Chief Pit Steward. The claim fee will be the current price of the General Motors crate engine number 88958604 plus

\$100. The fee will be distributed to purchase a new General Motors crate engine number 88958604 for the driver being claimed plus a \$500 pulling fee. Not included in the claim are carburetor, water pump, distributor, and pulleys. A claim fee will not be accepted should Speedway Officials determine whether the claim fee has been made on someone else's behalf or whether the fee is from more than one party. Failure to pull and sell a claimed engine will result in the driver being claimed forfeiting all purse and points for the event and all track points for the year. The driver must also pay a \$1,000 fine prior to being allowed to compete again at Speedway.

TRANSMISSION:

1. 3 or 4 speed transmissions only. Minimum of two forward and one reverse gear is always required. Transmissions will be subject to the \$2500 Claim Rule.
2. Multiple disc clutches with steel floaters and pressure plates permitted, minimum 5 1/2" in diameter. Solid magnetic steel clutches and pressure plates only. Clutches must be positive engagement design. Slider or slipper clutch designs are not permitted. No carbon fiber clutches. Clutches found not to meet this definition will be deemed illegal.

BRAKES / REAREND:

1. Four wheel working brakes.
2. Spools only or add 100 pounds for a locker. No cambered rear ends.
3. **Steel or aluminum drive shafts allowed.**
4. No fifth (5th) coil or lift bar suspensions will be permitted. No birdcage set-ups of any kind (3 or 4 link). Trailing arms must mount to rear end in a solid fashion (heim allowed) and no part of the trailing arm mounting may freely rotate around the rear end.
5. One front brake hose permitted per side with a maximum diameter of 4" hose to brake but must come from the airbox or nose.

SUSPENSION:

1. 5" minimum coil diameter. (Does not apply to coil over cars) Minimum of 500-pound front spring rate and 250 coil over cars.
2. Shock Claimer rule \$225.00 per shock.
3. Absolutely no bump-stops, coil binding or chassis stops (up or down) of any type. Will be checked by putting front tires on 1/2" blocks and nose on the ground. Shocks must be removed without pushing down on the car.
4. UARA / WHEELMAN BILSTEIN SPEC SHOCK PROGRAM, available at Racecar Engineering - 100lbs weight break for SPEC shocks. You must run all 4 to receive weight break. Series officials hold the right to "swap" shock(s) with competitors at any point during the day. Any shock(s) that are swapped will be dynoed or sent to Bilstein to make sure they comply. If shocks are deemed to be altered in any way the following penalties will apply 1st offense will result in a \$1000 fine + loss of points for the race. The 2nd offense will result in a \$1000 fine, loss of points for the year and a 5-race suspension. Shock claim rule of \$160.00 per shock, competitor or track may claim one to all four shocks.
5. Leaf springs cars may use jack bolts or adjustable shackles or rear spring mounts. Must mount solid to rear end housing.
6. Stock appearing or a three-piece sway bars with a maximum diameter of 1 3/8" only.
7. Max tread width 67" Center to center (65" on referee).

BODY:

1. ABC bodies will receive a 50-pound weight break with complete bumper cover. Bodies may be made of steel, aluminum, or fiberglass. No carbon fiber bodies of any kind permitted. Front overhang 46" maximum and rear overhang 47" maximum.
2. Triangular A post enclosures maximum of 12 inches.
3. All parts of body and frame must maintain minimum of 4" ground clearance.
4. Minimum roof height 46" measured 10" behind windshield.
5. Maximum height of quarters is 35 1/2" unless roof is higher than minimum.
6. **Maximum Spoiler 6 1/2" by 61" or 5 1/2" by 72". (ABC Stock type bodies allowed 8" X 61") Maximum of 4 late model style rods.**
7. No interior wings, belly pans, double skinned roofs, fins, wings, vanes, vertical ledges, ramps, or any other air directing devices are not allowed.

TIRES / WHEELS:

1. American Racer AR153 take offs on 8" steel wheels only.
2. Must be purchased at South Alabama Speedway.
3. Tires will be registered at the track.
4. Steel wheels, lug nuts and studs only, maximum 8" in width. No Air bleeders permitted.

FUEL SYSTEM:

1. Fuel samples may be taken at any time and tested. Alcohol, nitromethane, nitrous oxide, other oxygenating agents, or other additives are not permitted.
2. No electric fuel pumps or pressurized systems allowed.
3. Fuel cell required and must be in metal container and maintain 8" ground clearance. Cell must be secured with a minimum of two, 1/8" x 2" steel straps around fuel cell.
4. Oberg # SV-0828 or SRI # FFF-FSV Fuel Valve will be mandatory.

RULE ENFORCEMENT:

1. The Chief Tech Inspector shall be authorized to make changes to any specifications contained within these rules as a situation may dictate. Any infraction not specified in these rules may incur a weight penalty. Furthermore, the Chief Tech Inspector may impose further restrictions in an attempt to maintain fairness. Under no circumstances may the tech inspector alter any safety rule to less than stipulated.
2. Any variance of these rules by participants that may lead to reduction in safety, or an increased risk, to any participant, whether enforced by the chief tech inspector or otherwise, shall be the exclusive responsibility and liability of the party or parties responsible for the variance. The management of the speedway a shall not be responsible or liable for any variance from these rules as provided.

SEE GENERAL PROCEDURES, RULES & SAFETY:

